

Week 1	Task Name a/o description	Freek	Iva	John	Maud	Total Contribution (in hours)
	29-11: Meeting with Lennard at Block 33	3	3	3	3	12
	29-11: Making introduction video	3	3	3	3	12
	29-11: Editing introduction video	1				1
	30-11: Brainstorming	3	3	3	3	12
	30-11: Document Week 1 - Problem Framing	2	2	2	2	8
	Total Weekly Individual Contribution	12	11	11	11	45
Week 2	5-11: Meeting with Munnever at Block 33	4	4	4	4	16
	13-11: Brainstorming session	3	3	3	3	12
	14-11: Output week 3	3	2	2	2	9
	Total Weekly Individual Contribution	10	9	9	9	37
Week 3	12-11: Meeting with Munnever at Block 33	3	3	3	3	12
	13-11: Drafting idea zine	4	4	4	4	16
	14-11: Output week 3	3	2	2	2	9
	Total Weekly Individual Contribution	10	9	9	9	37
Week 4	17-11: Working on zine at Wijnhaven	6	6	6	6	24
	18-11: Working on zine/presentation at home	2	2	2	2	8
	18-11: Drawings zine	1	3		3	7
	19-11: Video for presentation	2	2	2	2	8
	19-11: Editing video for presentation	2				2
	19-11: Preparing presentation			3		3
	19-11: Meeting with Munnever at Block 33	3		3	3	9
	19-11: Report analysis		3			3
	20-11: Finishing touches zine	2	2	2	2	8
	Total Weekly Individual Contribution	18	18	18	18	72
Total		50	47	47	47	191

Reflection

In general the work dynamic within our group was always good and positive. We all worked together quite well and had fun while experimenting and being creative. Each one of us took the tasks at heart and put all their efforts and energy into making the zine and creating the final project. We always gathered together in person to brainstorm and divide tasks. We agree that everyone would jump in for the other if someone struggles or requests help. We were also quite flexible and understanding with each other and always tried to find a suitable time and place for all of us taking into consideration the fact that all of us had to work on the side and some of us even had to travel from further distances.

All in all we conclude we had a very productive and successful 4 weeks during which we learned a lot.

We also made our zine in 2 other languages please see links below!

<https://www.canva.com/design/DAG5QZKOi9o/Nwz4ITmgaWUFfbSnTe0NwQ/edit> - Arabic language

Dutch language -

<https://www.canva.com/design/DAG5UARdGIE/cRrksW4vBrv6d51POX8dw/edit>

The pictures below are from our printed version in English to our partner and in the correct chronological order after it has been folded!

BIKE KITCHEN NL



BLOCK 33
VAN BAERLESTRAAT 87
DEN HAAG



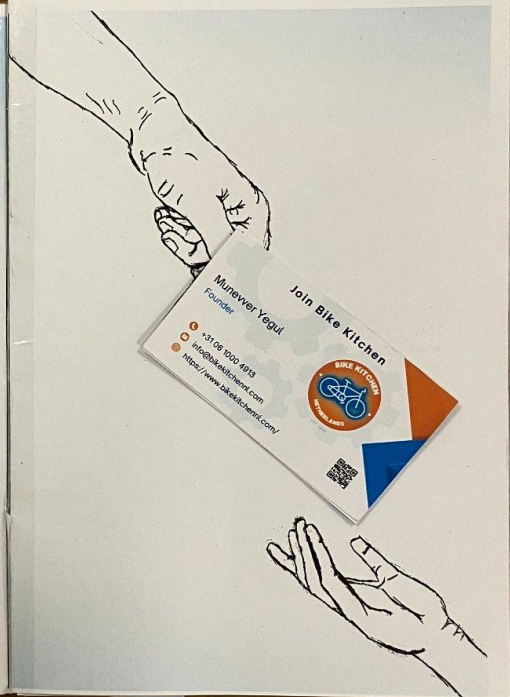


Aylin is still getting the hang of cycling. One uneven bump and she finds herself on the ground. However, she is determined not to give up.

Her bike didn't handle the fall well. It is broken now, and she's not sure what to do next. No one ever showed her how to fix these things...



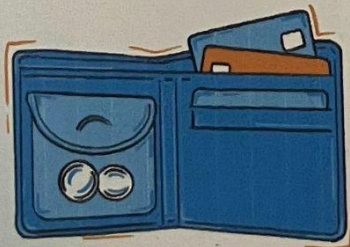
She checks her wallet, not enough money for bike repair... What can she do... Then she remembered about a place where she passes by every week on her way back from the market



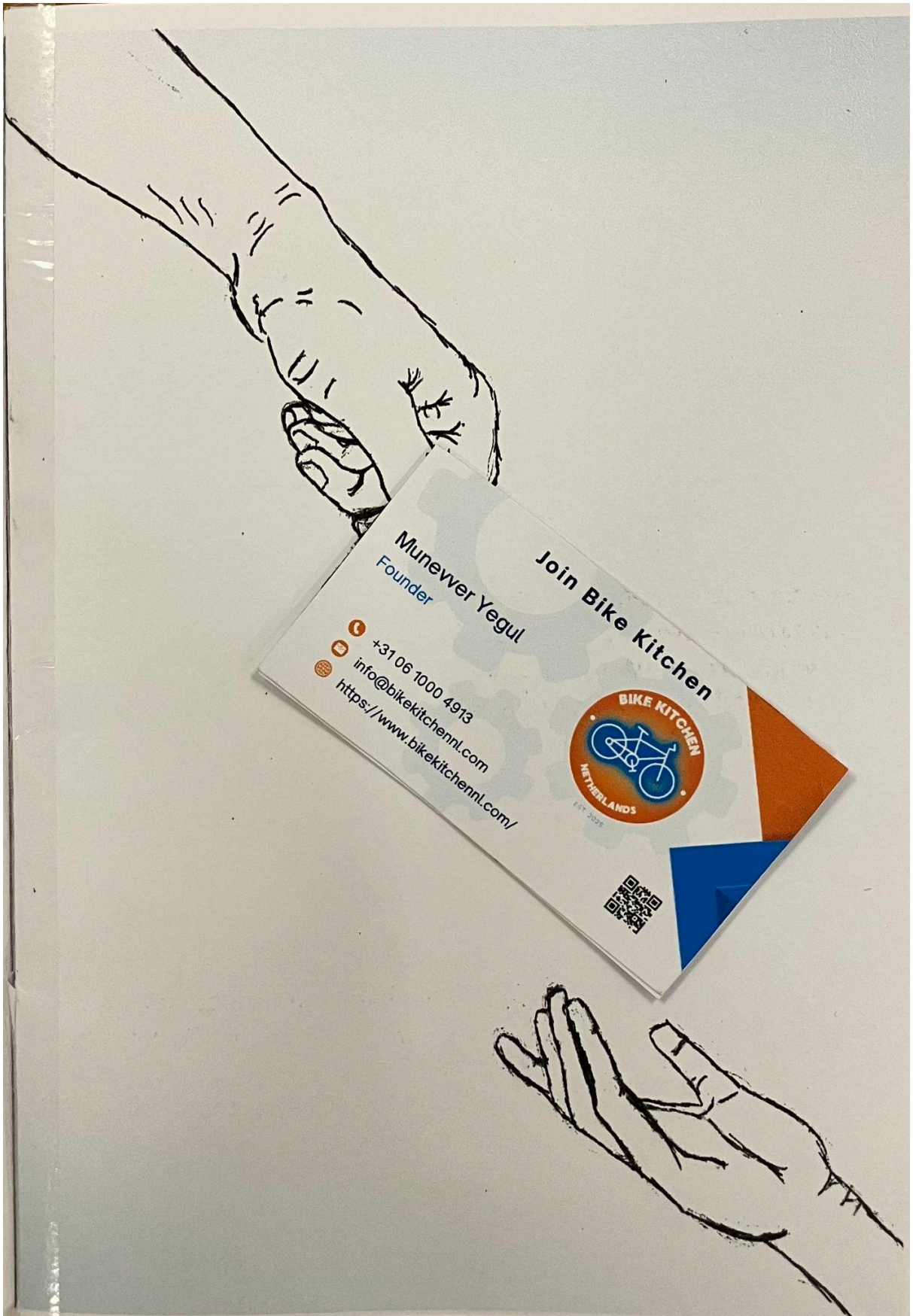


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Join Bike Kitchen

Munewver Yegul
Founder

+31 06 1000 4913
info@bikekitchen.nl
<https://www.bikekitchen.nl/>



Aylin has followed the small clues she remembered to that unknown place. Now she is outside the door, hoping she is at the right place to get the necessary help.



Open the door to read more about what Bike
Kitchen has to offer!



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REPAIRS

Bring your bike for simple repairs or roll up your sleeves and learn how to do it yourself in our hands-on repair workshops!

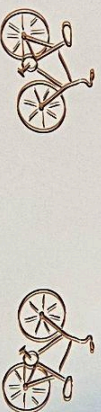


You will learn to:

- Change your tire
- Patch punctures or replace a tube
- Adjust brake cables
- Remove wheels
- Calibrate brake pads

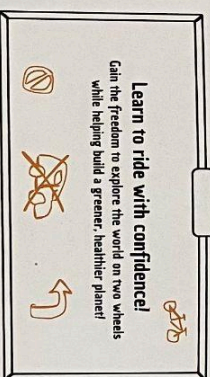


LESSONS



Learn to ride with confidence!

Gain the freedom to explore the world on two wheels while helping build a greener, healthier planet!



Why take lessons at Bike Kitchen?

- No experience needed, everyone is welcome
- low costs
- learn at your own pace
- community-powered, skilled-sharing space
- learn how cycling and sustainability go hand in hand

TOURS

LEARN HOW TO GET AROUND WITHOUT TAKING A CAR!



GET TO KNOW YOUR ENVIRONMENT!

MEET NEW PEOPLE!

JOIN OUR REGULAR SOCIAL RIDES!

SKILLABLE RIDES FOR ALL AGE AND EXPERIENCE LEVELS

GET COMFORTABLE WITH CYCLING!

COMMUNITY

Join our sustainable bike community and support community based organisations in Moerwijk!



Talks

Movie nights

Repairs

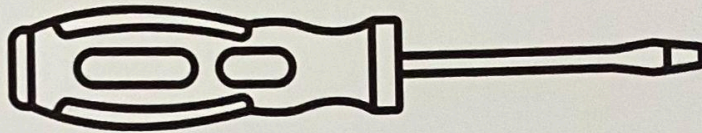
Support group

Group rides

Together, we encourage one another to find sustainable ways to take care of our bikes!

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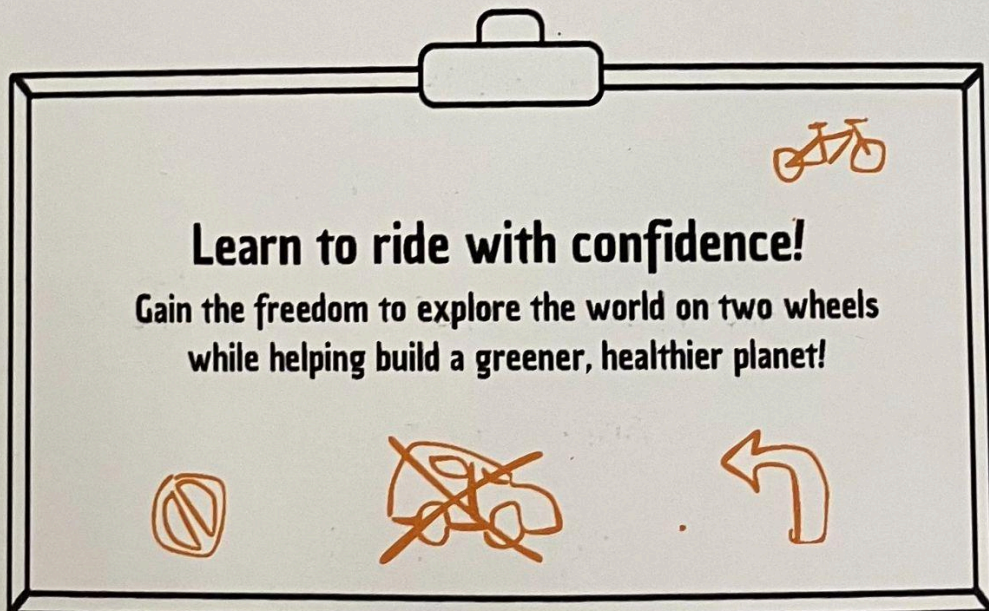
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EMPOWERMENT



FIXING BIKES AND FOSTERING COMMUNITY

VOLUNTEER

Are you interested in helping out?

Help us help others! Become
a part off a suistanable biking
community

Do you feel like you can relate to these traits?

- 1: Open to learning, teaching and sharing knowledge
- 2: Respectful, inclusive & equality minded
- 3: Community oriented & cooperative
- 4: Curious & engaging
- 5: Passionate about cycling and sustainability



BIKE ROUTE

Our Bike Kit



BIKE ROUTE

Contact Bike Kitchen or Block 33!

Our Bike Kitchen runs on community power and have a need
for amazing volunteers like you!

BLOCK 33 BI

Autho

John Nordberg, Maud Jonkhans, Iva



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BLOCK 33 BIKE KITCHEN

Authors

John Nordberg, Maud Jonkhans, Iva Simeonova & Freek Zevenbergen



Bike Kitchen

Community-run workshop for bike repairs and reuse.



Block 33

Creative work & education space and local community hub.



De Buurt Camping

Neighborhood camping in Zuiderpark

ROUTES

Scheveningen

11km

Beginner

Zoetermeer

17km

Intermediate

Kijkduin

10km

Beginner

Maassluis

17km

Intermediate

Rotterdam

24km

Intermediate



BIKE KITCHEN



BLOCK 33 BIKE KITCHEN

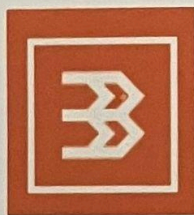
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